

Senses Sort

In times of uncertainty, focussing on what we do know can help us to feel calm. Using our five senses we can quickly know what we are seeing, smelling, touching/feeling, hearing, and tasting. Adjectives are words that describe nouns and each one of these adjectives uses at least one of the senses. Using the colour key, colour each adjective to match its appropriate sense.

Sight	Smell	Touch	Hear	Taste
Rotten	Buttery	Crackling	Fishy	Smoky
Colourful	Immense	Bumpy	Filthy	Goopy
Smooth	Bitter	Speckled	Slippery	Muffled
Pungent	Abrasive	Juicy	Delicious	Pointy
Squeaky	Fuzzy	Rustling	Medicinal	Tart
Salty	Bland	Breezy	Hissing	Damp
Round	Velvety	Jagged	Dry	Crunchy
Silent	Fresh	Fizzy	Earthy	Spicy
Icy	Shrill	Aromatic	Greasy	Crinkled