



# SCHEDULE



## Session 1 1.00pm - 2.30pm

# THURSDAY

### Topic Flexibility

#### Welcome

**Connection time** We create Camp Name & Logo

**Life Tip** How to respond to unexpected changes

#### Campfire Story

**Break out activities** Choose: *Gym (Power Coin Games)* or *Field (Hardcore Hopscotch)*

**Catchphrase** Be flexible with the unexpected

#### Scavenger Hunt

**Camp adventure** Choose: *Downhill Mountain Biking\** or *White Water Kayaking\**

**Game** Captain's Coming

**Bible Devotion** Matthew 9:16 *No one sews a patch of unshrunk cloth on an old garment, for the patch will pull away from the garment, making the tear worse.*

**Wrap Up** Takeaway activity - *Build a fort\**

**\* FOR A LIST OF ITEMS NEEDED SEE OVER PAGE**

## Session 2 6.00pm - 7.30pm

# DRESS UP NIGHT\*

Something starting with the letter S

### Topic Overcoming

#### Welcome

**Connection time** We create Camp Chant

**Life Tip** What to do when you are going through a difficult situation

#### Campfire Story

**Break out activities** Choose: *Kitchen (DIY Pop Tart)* or *Gym (Power Coin Games)*

**Catchphrase** Focus Beyond

#### Scavenger Hunt

**Camp Talent Quest** Impress the judges in a massive dance off

**Game** Survival Schoolbag\*

**Bible Devotion** John 1:5 *The light shines in the darkness, and the darkness has not overcome it.*

**Wrap Up** Takeaway activity - *Adventure Exercise Routine*

**\* FOR A LIST OF ITEMS NEEDED SEE OVER PAGE**



# SCHEDULE



**Session 3** 9.00am - 10.30am

**FRIDAY**

**Topic** Gratitude

**Welcome**

**Connection time** Friendship Bracelet \*

**Life Tip** When you find it hard to be positive this can help

**Campfire Story**

**Break out activities** Choose: *Kitchen (DIY Pop Tarts)* or *Field (Hardcore Hopscotch)*

**Catchphrase** Reflect and Smile

**Scavenger Hunt\***

**Camp Adventure** Choose: *Downhill Mountain Biking\** or *White Water Kayaking\**

**Game** Follow the Leader

**Bible Devotion** 1 Thessalonians 5:18a ...give thanks in all circumstances

**Wrap Up** Takeaway activity - Photo Safari

**\* FOR A LIST OF ITEMS NEEDED SEE OVER PAGE**

**How does it work?**

Campers will login to a private virtual meeting hosted online by Cool Bananas, along with other kid campers and our trusted Cool Bananas presenters and moderators at the helm.

The camp will consist of two live interactive sessions held at 1pm and 6pm Thursday, and one live interactive session held 9am Friday.

The duration of each session will be 1hr 30mins.

Between sessions kids will be given ideas for self managed activities so that they can remain entertained and continue their camp experience even when not online.

**CAREGIVER WARNING:** During Nanocamp, campers will be encouraged to get a bit noisy, move around, and collect safe items from around the house. We encourage caregivers to be prepared for this and to make as much allowance as able for a camper to fully engage with the activities. If this is not possible, we ask that you let campers know their boundaries when it comes to noise levels, moving around, and accessing items in the house. Our presenters will do their best to instruct campers to participate in activities in an environment appropriate way that respects the boundaries set out for them by their caregivers.



# YOU NEED



## \*LIST OF ITEMS NEEDED

To get the best experience out of camp here is what each camper will need to have prepared.

### Thursday Afternoon

- *Access to towels/pillows/blankets*
- *Stick or item to use as a paddle or handle bars*
- *Access to items to build a tent/blanket fort*
- *Access to find items for scavenger hunt*

### Thursday Night

- **Costume** of something that starts with the letter **S**
- *School bag filled with your usual school items or bag filled with random objects*
- *Access to items to build a tent/blanket fort*
- *Access to find items for scavenger hunt*
- *Their best dance moves*

### Friday Morning

- *1 Shoelace **or** 50 - 65cm length cord/rope/string, strip of material/towel/t-shirt/jersey; 3-5mm thick.*
- *Access to towels/pillows/blankets*
- *Access to find items for scavenger hunt*
- *Stick or item to use as a paddle or handle bars*

## TECHNOLGY EQUIPMENT

Device with a camera and microphone access

Because the sessions are designed to be interactive and connect children into the action, it is highly recommended that campers are able to be seen and heard on video, this means that campers require access to a device with a camera and microphone setup.

Campers will need access to a FREE Zoom account to join in, we recommend that this be a Parent/Gaurdian managed account. An account can be created for free at <https://zoom.us>

## TECHNICAL CONSIDERATIONS

If you have chosen to have multiple campers on individual devices, be aware that this may cause audio feedback issues when their micropohones are on. The best way to remedy this is to have those campers in seperate rooms, or at a distance where they do not interfere with each others sound.

We realise this may not be a practical solution; if so; we recommend trying wireless headphones **or** one user keeping their microphone off and audio at a minimum to reduce this issue.

If you have any questions you may find the answer in the [FAQ](#) section of our website **or** if you dont find an answer to your question contact us [office@coolbananas.org.nz](mailto:office@coolbananas.org.nz)