

Chat Prompts

Prompts to get you thinking about, understanding, and responding to
Self Awareness in the...

CATCH PHRASE

Literal

1. Name the four steps to take that help to 'find your mind'.
2. Practise the Catch Phrase in both Māori and English. Whāia e koe te mātauranga (chase or follow knowledge) - Find your mind.

Interpret

3. Using your own words, explain what having self awareness means.
4. In what sorts of situations does being self aware help?

Evaluate

5. How important/helpful is it to have self awareness of your thoughts? Give reasons for your thinking.
6. Whāia e koe te mātauranga translates to 'chase or follow knowledge'. In your opinion, how does this relate to the English Catch Phrase; 'find your mind'?

Apply

7. How would you explain the four steps to 'find your mind' to someone that is really confused about their thoughts?

SELF AWARENESS - FINDING OUR THOUGHTS

VALUE TOPIC: Self Awareness - The conscious knowledge of one's own character and feelings

CATCH PHRASE: Find your mind -
Whāia e koe te mātauranga (chase or follow knowledge)

TOPIC SUMMARY

It can be concerning when we're asked a question and our mind goes blank, or when we're asked for our opinion and we're not really sure what it is. When we're not sure what we are thinking, it's helpful to take the time to become aware of what is happening inside our mind. Through this topic we 'find our mind' and become self aware of our character, feelings, and thoughts.

Catch Phrase POP

The main purpose of the Catch Phrase POP is to provide a phrase that is memorable and applicable for students to take away with them, and use in their life and interactions with others.

There are five parts to the Catch Phrase POPS;

1. Intro - a question is asked to engage and relate with the audience using a common 'problem' scenario
2. Teaching - the Value Topic is defined, explained, and illustrated
3. Catch Phrase - a short memorable phrase that captures the essence of the Value Topic is taught using both English and Māori languages as well as actions which at times include NZSL
4. Application - two to four steps for the audience to take away and use when applying the value in their lives and interactions with others
5. Wrap Up - a quick summary of the video's content, re-visit the Catch Phrase, and an encouragement for showing/using the value being covered

Chat Prompts

The prompts are a series of questions grouped in a way that builds comprehension, and allows the student to make connections between the content of the video and their own knowledge and experience of the Value Topic. By taking part in discussion, the student can think about and build understanding of the Value Topic, and what part it could play in their 'world'. Just as a student would, with a written text, "They integrate or synthesise their newly acquired understandings and attitudes with their existing view of the world to make a new and slightly different world picture." ([Literacy Online; Ministry of Education: "Building Comprehension"](#)).

Grouping of prompts:

- **Literal**: With these prompts, the student will be recalling specific information from the material in the video.
- **Interpret**: At this stage students will be building on information from the video and considering the underlying implications.
- **Evaluate**: These questions prompt students to respond to the information presented in the video based on personal feelings. They have an opportunity to form an opinion and consider the validity and appropriateness of what they've just seen and heard.
- **Apply**: Finally, students will consider how the information applies to them, with opportunity to translate the Value Topic into their real world.

SPECIFIC LEARNING OUTCOME	RESOURCE	LESSON SUGGESTION
2. We are learning how to ask simple questions to help us 'find our mind'.	- 'Catch Phrase' POP - 'Chat Prompts'	Ask students to note how having self awareness could be helpful for them. Watch 'Catch Phrase' POP. Practise the 'Catch Phrase'. Use the 'Chat Prompts' to prompt discussion. Selecting some or all of the prompts as you see appropriate. <i>Answer for Question 1 - <u>Pause</u>, and ask <u>What do I Know</u>, <u>Remember</u>, <u>Believe</u>?</i>