

# Scene It!

Here are some situations where we can feel unheard.  
Use them to practise Communication.

You're feeling really anxious about a big test/exam/performance/game you've got coming up. When you bring it up everyone says to just stop worrying about it.

You and a classmate are having a disagreement about which of you is copying off the other. They are shouting over you, and everyone listening is siding with them.

Some money has gone missing from the teacher's table, and some of your classmates are saying it was you who took it. This isn't true at all, but you find yourself in trouble and in the principle's office.

You want to tell your parents about something that happened at school today. When you go to talk to them they are both preoccupied and seem to ignore you.

You're feeling unwell and don't want to do the cross-country training after morning-tea. Everyone thinks you're faking just so you can get out of training.

You start telling a group of friends about your weekend, when one of them interrupts you and starts to tell about their weekend.

## COMMUNICATION - POWER OF YOUR STORY

VALUE TOPIC: Communication - The process of sharing information, especially when this increases understanding between people or groups

CATCH PHRASE: My story is important -  
Mauria te pono (believe in yourself)

**TOPIC SUMMARY** Have you ever been in a situation where you haven't felt heard? Whenever we feel unheard remember that we have a story and it is important. Your story is yours. It's powerful and important. To tell it, use these questions: Who is in the story (you and other characters)? Where does the story take place (setting)? What happened (plot)? How did you feel (response)?

### Scene It! - Self Control

Thinking of examples and scenarios on the spot can be tricky, so here are a few to get the thinking started. Some of the scenarios may have already been seen in other parts of this Value Topic, however there is no harm in using them again. As suggested in the Value Topic Plan, you can present these scenarios in a variety of ways: **act** the scenario out; **write** about the given scenario; **draw** a comic strip; or have **discussion** in groups. Whichever medium is chosen students will need to come up with a solution **modelling** the specific Value Topic.

In addition:

- Allow students to also demonstrate how the scenario would pan out if the Value Topic wasn't utilised in each scenario.
- Give students opportunity to 'debrief' and give feedback on each other's presentations.

SPECIFIC LEARNING OUTCOME	RESOURCE	LESSON SUGGESTION
6. We are practising effective communication within some scenarios where we may feel unheard and need to remember that "my story is important - mauria te pono"	- 'Scene It!' A list of possible scenarios - including the ones used throughout this value topic - where the value could be practised	<b>It will help</b> if you have watched the 'Catch Phrase' POP and worked on the 'Remember when?' worksheet. The scenarios can be used in a variety of ways, including; writing, role play, comic/illustration, and/or discussion. Whichever medium you choose, remind students to use the questions from the 'Catch Phrase' POP. Allow time for sharing and a debrief with the class as a whole.