

COMMUNITY CHALLENGE

CHALLENGE

TALLY

TARGET

SELF AWARENESS - FINDING OUR THOUGHTS

VALUE TOPIC: Self Awareness - The conscious knowledge of one's own character and feelings

CATCH PHRASE: Find your mind - Whāia e koe te mātauranga (chase or follow knowledge)

TOPIC SUMMARY

It can be concerning when we're asked a question and our mind goes blank, or when we're asked for our opinion and we're not really sure what it is. When we're not sure what we are thinking it's helpful to take the time to become aware of what is happening inside our mind. During this topic we 'find our mind' and become self aware of our character, feelings, and thoughts.

Community Challenge - Self Awareness

The Community Challenge is an opportunity for students to practise the recently learnt value in their 'real' world. It's not to be seen as a competition amongst the students, rather a challenge to meet a common target/goal, where their successful attempts to enact the value count towards this target.

There are three parts to setting the challenge, all of them require an understanding and consideration of the students abilities and needs.

1. The challenge: Make it specific or general, just make it clear what it is you're asking your students to do. Is it something they can safely do, with respect?
2. The time limit: Over a lunchtime, a few days, a week, or longer? Something that's manageable and retains attention for you and your students.
3. The target: Maybe it's enough for each member of your class/group to contribute to the target at least once, or is it more? Of course it will also depend on the time limit set but most importantly for your students to be able to successfully achieve it. Another idea is to set the challenge to beat the day's before total?

Remember, you know your students and what they will respond to best!

The aim is they gain a sense of what this particular value is all about and have an opportunity to put it into practice.

SPECIFIC LEARNING OUTCOME	RESOURCE	LESSON SUGGESTION
7. We are taking what we have become aware of about ourselves and sharing something important to us with the rest of the class/ group	- 'Community Challenge' activity	<p>It will help if you have completed the 'Know, Remember, Believe' worksheet.</p> <p>Decide on a timeframe for the 'Challenge' to take place, could be a lunchtime, a whole day, or the week, and set a target/goal.</p> <p>Set the 'Challenge' for students; Suggestion: 'show and tell' the important person/thing from the worksheet 'Know, Remember, Believe' eg: If rugby was your important thing then maybe bring in a rugby ball and share some information from your worksheet. As each student participates in this, they get to add a tally mark.</p> <p>The resource provided is a generic 'poster' which when printed can have the 'challenge' written on it, the 'target' noted, and students tally marks added.</p>

This Value Topic has been written in conjunction with POWEROFTHESTORY