COMMUNITY CHALLENGE

CHALLENGE

TALLY

TARGET

GRATITUDE - HOW TO BE GRATEFUL

VALUE TOPIC: Gratitude - The feeling or quality of showing appreciation for what you have

CATCH PHRASE: Reflect and smile -
Hurihia tōu aroaro ki te rā (Turn your face towards the sun)

TOPIC SUMMARY   Problem: I'm struggling to be positive. When we find it hard to be positive, we can reflect upon a time that makes us smile and find a sense of gratitude.

Community Challenge - Gratitude

The Community Challenge is an opportunity for students to practise the recently learnt value in their 'real' world. It's not to be seen as a competition amongst the students, rather a challenge to meet a common target/goal, where their successful attempts to enact the value count towards this target.
There are three parts to setting the challenge, all of them require an understanding and consideration of the students abilities and needs.
1. The challenge: Make it specific or general, just make it clear what it is you're asking your students to do. Is it something they can safely do, with respect?
2. The time limit: Over a lunch time, a few days, a week, or longer? Something that's manageable and retains attention for you and your students.
3. The target: Maybe it's enough for each member of your class/group to contribute to the target at least once, or is it more? Of course it will also depend on the time limit set but most importantly for your students to be able to successfully achieve it. Another idea is to set the challenge to beat the day's before total?

Remember, you know your students and what they will respond to best!
The aim is they gain a sense of what this particular value is all about and have an opportunity to put it into practice.

SPECIFIC LEARNING OUTCOME	RESOURCE	LESSON SUGGESTION
8. We are taking what we know about gratitude and putting it in to practice within our school community.	- *'Community Challenge'* activity	Decide on a timeframe for the 'Challenge' to take place (could be a lunch-time, a whole day, or the week) and set a target/goal. Set the 'Challenge' for students; **Suggestion**: 'show your gratitude for others within your school community - using memories, facts, and/or hopes.' Every time someone achieves this, it can be added to the tally. The resource provided is a generic 'poster' which when printed can have the 'challenge' written on it, the 'target' noted, and students tally marks added.

Power Of The Story

thrive